# the black women in science network

Well, would you look at that! We are so close to the end of 2024. We've enjoyed putting together 12 newsletters for you this year, each filled with various opportunities and announcements. Enjoy our final newsletter of 2024.

### BWiS Blog: Tips on reflecting on the year

We are all feeling it; it's that time of the year when we either marvel at how quickly time has gone or lament that the year is not already over. Whichever group you belong to, it can be helpful to reflect on the year that you've had, good or bad. What will that reflection show? In our last blog post of the year, we try to answer two main questions: why should we reflect on things and how should/do we reflect? You can read more about the purpose of reflecting and how to effectively reflect here.



Image by RF.\_.studio, from Pexels

### **Brunch Talks with BWiS**

And that's a wrap on the 12<sup>th</sup> Brunch Talks with BWiS of 2024. We've enjoyed every month with all of you who have been able to join and share your highs and lows from the month and discuss some hot topics. We've spoken about everything from hair tips, to how to apply for your next career-defining decision. We are happy that over 2 years in, this space continues to be a forum for the Black women in our community. We'll be back with 12 more sessions in 2025, with our first session on Saturday the 18<sup>th of</sup> January 2025.

You can keep up with our events calendar, by <u>subscribing to this calendar</u>. Stay tuned for further events that we'll announce in the new year.

## Join the team: we are looking for volunteers

We are still looking to more people involved in running the Black Women in Science Network! The Network is growing, so we need our team to grow along with it, we are looking for individuals with a broad range of skills. Want to get involved? Apply soon, as we are



closing this recruitment round towards the end of January. You can find out more about the roles available and express interest via this <u>short application form</u>.

### A final word from us

As the year draws to a close, we want to take a moment to reflect on the incredible journey that has been 2024. From continuing with our annual events *Brunch Talks Live!* and *Celebrating You*; to expanding our connections through our monthly safe spaces; and informing the wider community with our podcast and blog, this year has been one of growth, connection, and meaningful milestones.

None of this would have been possible without the support, enthusiasm, and dedication of you, our wonderful community. Whether you've attended events, volunteered your time, contributed feedback, or simply cheered us on from afar – thank you for being an essential part of our year.

As we step into this festive season, we wish you joy, peace, and fulfilment. Whether you're celebrating Christmas, other holidays, or simply taking a well-deserved break, we hope this time brings rest and happiness to you and your loved ones.

We're excited about what's to come in the New Year and look forward to continuing this journey with you. Until then, enjoy the season and take care!

